



ALONG THE PATH COUNSELING



LIFE ✦ LAUNCH ✦

Tools. Support. Confidence. Your Life, Launched.

Life Launch is a supportive, LPC/LCPC-led group for Autistic adults looking to build real-world skills while prioritizing mental health and well-being. In a strengths-based, neuro-affirming environment, participants explore practical strategies to navigate life with confidence and clarity.

Through engaging 5-week modules, we focus on:

Independent Living Skills

Relationships & Dating

Career Exploration & Planning

Mental Health & Self-Advocacy

WHERE:

433 S. PHELPS AVE. SUITE 4
ROCKFORD, IL. 61108

WHEN:

TUESDAYS, 3:30PM-
4:30PM

**ADVANCED REGISTRATION REQUIRED. CALL TODAY
TO RESERVE YOUR SPOT**

Call 815-397-4287 for more information